

The Ticket

YOUR LOCAL GUIDE TO GOING OUT AND ABOUT

LENNOX



Sharpening his claws

Chadwick Boseman leaps into action as the titular hero in comic book adaptation Black Panther.

But is this another hit for Marvel? Find out in Ian Bunting's review overleaf.

Behind the mic
with Your Radio DJ GARY MARSHALL

H2O's Ian is still live and kicking

I was delighted to take my wee eight-year-old boy JJ to his first ever live gig last Friday night in Glasgow's trendy West End.

The venue was Webster's Theatre Glasgow and it was a return to the stage for Scotland's Ian Donaldson.

The former H2O singer had sold out both the Friday and Saturday night performances for his first live appearance in nine years and it was worth the wait.

Ian took to the stage for over an hour of fab new material from his new album From Stars We Came.

Ian's voice is still amazing and he sounded just like he did back in the 80s.

My boy is learning guitar and loved watching a real band on stage.

Musicians who know their trade and love the music was a joy for him to see and experience close up and it has left a very positive impression on him.

In fact, when we returned home, the first thing JJ did was run upstairs to get his blue guitar (the one from Santa).

Don't forget you can hear Ian Donaldson every Sunday at 6pm on YOUR Radio with his Essential Eighties show.

Sixty minutes of fantastic music and memories from the decade of shoulder pads and big hair.

Congratulations to Scotland's Jodie Knight on her appearance on last week's big talent show The Voice.

Although the talented young singer songwriter didn't get a turn from the judges she didn't let herself down.

Jodie performed every bit as good, if not better, as her gigs last year with us on the YOUR Radio Christmas roadshows.

I really think the judges made a mistake by not



pressing the big red button.

Jodie's new EP is out now and is well worth checking out.

I was so happy to chat to her on my Monday show last week.

Myself and the entire YOUR Radio team are so happy to be part of Zero to Hero this year.

The idea is to create an awesome virtual challenge that allows anyone to become a superhero.

Suitable for all ages and physical abilities this is an event we would love you to get involved with.

The launch day is Saturday, May 5 this year at Balloch Country Park. Why not sign up and get involved?

The idea behind the event is to highlight and raise funds for the Rohhad charity.

My friend Elisabeth Hunter's wee boy, Aaron, has the rare disease and has been amazing raising the charities profile across Scotland with help from a few well-known names like Hollywood superstar Robert Downey Jr.

Yes, Iron Man is now a good friend of Aaron and has invited him to a recent filming of one of the blockbusters a few months ago.

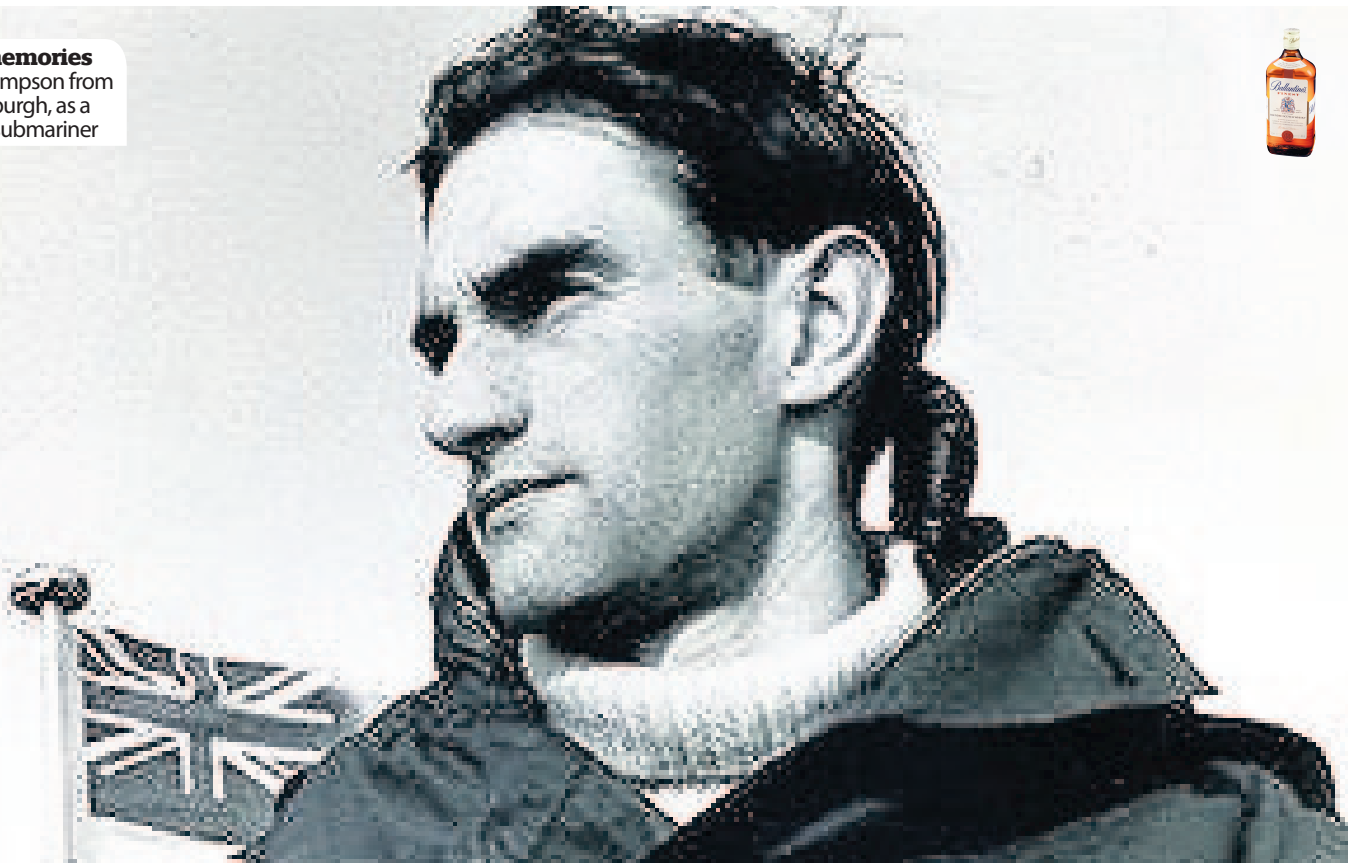
Dress as your favourite superhero or you can buy one of their special edition HERO capes and join the ROHHAD Avengers as the go Zero to Hero. Elisabeth is on my Drivetime show next week to talk about the fun event and she will reveal more famous stars who are queuing up to lend a hand.

Remember to check out our website for more about the station at www.yourradio.scot

Have a great week and speak to you soon.

War memories

Eric Thompson from Helensburgh, as a young submariner



The Commodore who came out from the Cold

A Helensburgh man launches his new book later this month, looking at the human side of working at Faslane during the Cold War.

Eric Thompson MBE volunteered to work on the submarines when Faslane opened in 1968, and eventually went on to serve as the Commodore of the base until his retirement in 1998.

His book, On Her Majesty's Nuclear Service, charts 55 years of history.

Speaking to the Lennox Herald, Eric explained why he has decided to publish his account of things.

He said: "It's a fairly philosophical thing really. I was born during the Second World War and spent 37 years in the Navy without having to fight a World War, so I count myself as

Fraser Clarke

being a member of the luckiest ever generation.

"Everything seemed to be going for my generation, but the thing which underpinned it all was the fact that we had peace, in this country at least.

"I like to think that one of the reasons we had peace was because we had nuclear deterrents, and that's why the superpowers of the east and west never actually went to nuclear war.

"As I'd been involved in the submarine program in my own small way, I thought it was worth trying to record that period in history as seen through my eyes - before I kick the bucket."

Thompson was also keen to stress

that his work isn't solely for Cold War experts.

He continued: "I had to get security clearance for what I've written, but I've tried to write it as more of a human story.

"I haven't tried to write it as a gung-ho, John Wayne type at all.

"I've tried to answer the question 'what sort of bloke did that sort of thing, what sort of bloke went on a submarine patrol with a cargo of nuclear bombs'?"

"Were they some sort of murderous misanthropist, or were they ordinary people like you and I? The answer of course is that they were ordinary blokes.

"So I'm trying to tell it from that point of view. Civilians might think that, when you're on a Polaris or Trident missile patrol, the guys must

spend all the time thinking about the morality of it.

"Actually nothing could be further from the truth - I think our biggest concern was whether or not the toilet got blocked."

As well as the book launch, Eric is to hit the small-screen too - having been interviewed by Dan Snow for his 'History Hit' series.

Eric continued: "My publisher came up with the idea and gave me Dan's email address. I sent him a carefully worded email, and he responded immediately, so I spent three hours filming with him."

Eric's book will be released on February 28.

The book is available from www.casematepublishing.co.uk/on-her-majesty-039-s-nuclear-service

Geese in the sky at sunset

Jenny Foulds

Residents are invited to join an evening woodland walk along one of the favourite roosting spots of the geese of Loch Lomond.

The sunset geese walk takes place on Sunday, March 4 between 5.15pm and 7.30pm at the RSPB base in Gartocharn.

Thousands of geese

spend the winter months feeding and roosting around the Loch Lomond area.

As the sun goes down, those who attend can watch as the geese move in to their overnight dwelling and favourite roosting spot.

Anybody who would like to attend should wear suitable outdoor clothing

and footwear. Residents are also advised to bring torches and binoculars if you have them.

Some of this event will involve standing for periods of time so remember to wrap up well. Booking is essential.

Contact Emma Martinelli, visitor engagement officer on 01389 830670.

Lennox winners

This week's whisky bottle winner is John Bell of New Cordale Road, and the winner of the Butcher Boy is Tom Brown, of Leven Court.

The Mall Teaser crossword was won by Adam Robinson, West Bridgend, and the Empire Cinema tickets go to Ann Campbell, Church Court.

For a chance to win a pair of tickets to see the latest movies at Empire in Clydebank, answer: What is the name of the Irish actress who plays the starring role in Ladybird?

EMPIRE
CLYDEBANK

Send your answer, name and address to: Lennox Herald, One Central Quay, Glasgow, G3 8DA or email news@lennoxherald.co.uk.

Competition entries can now be posted at The Flower Shop in the Bell Arcade, High Street, Dumbarton. They must be left by noon on Friday.